USF College of Nursing

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Professor of Nursing and Public Health
University of South Florida
How much do you know about the USF College of Nursing?
How many students do we have?

a. 2031
   Correct - Number of current nursing students

b. 2380
   Number of RN’s receiving CE credits per year, covering all 50 states and 25 countries!

c. 444
   Number of students graduated 2009-2010

d. 1350
   Number of qualified students that the college could not accept this year due to lack of funding, faculty & clinical site access
How successful are our students?

a. 100%
   2010 NCLEX-RN first time pass rate

b. 90.6%
   Master’s national certification pass rate

c. 97.6%
   Percentage of nursing students employed in the profession one year after graduation

FETPIP reports...

d. 94%
   Percent of capital campaign goal still to be achieved
For the past two years we have submitted an average of one grant per week! Percent yield has risen from 58% to 75%, we currently have 13 faculty funded

Regional & National Awards Received

Publications in National & International Journals

Presentations at National & International Conferences

What are the average number of grants submitted annually?

a. 49
   For the past two years we have submitted an average of one grant per week! Percent yield has risen from 58% to 75%, we currently have 13 faculty funded

b. 42
   Regional & National Awards Received

c. 38
   Publications in National & International Journals

d. 42
   Presentations at National & International Conferences
Which Florida Nursing institution(s) have increased their NIH ranking in the last five years?

a. University of Florida
   NIH ranking decreased from #42 to #72

b. University of Central Florida
   NIH ranking decreased from #57 to #116

c. Florida International University
   NIH ranking decreased from #48 to #99

d. University of South Florida
   NIH ranking increased from #66 to #30!
“What would you attempt to do if you knew you would not fail?”

Robert Schuller
2009 Research Funding at USF and Next 5 Highest NIH Ranked Programs

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<thead>
<tr>
<th>Rank</th>
<th>University</th>
<th>Funding</th>
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</thead>
<tbody>
<tr>
<td>29</td>
<td>University of Texas - El Paso</td>
<td>$1.536M</td>
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<tr>
<td>28</td>
<td>University of Missouri – Columbia</td>
<td>$1.551M</td>
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<td>27</td>
<td>University of Nebraska Medical Center</td>
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<td>26</td>
<td>University of Arizona</td>
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<td>25</td>
<td>Emory University</td>
<td>$1.819M</td>
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<td></td>
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<td>$1.996M</td>
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Average Students per Faculty at USF and Next 5 Highest NIH Ranked Programs

Students per faculty

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USF: 29 students per faculty
What percent of nursing faculty are currently at retirement age in Florida?

a. 67
   percent of FT faculty currently over age 50 at USF Nursing

b. 25
   correct – percent age 65 or older

c. 61
   Nationwide average age of professorial-level faculty

d. 0.5
   percent of nursing programs nationally that produce PhD prepared nurses
Florida RN Supply & Demand Projections

56,000 RN FTE Shortage in 15 years

Current Shortage: 5,900

Graph showing RN FTE Supply, RN FTE Demand - Without HCR, and RN FTE Demand - Including HCR from 2010 to 2025.
The Time to Act is Now

Before the Tsunami Hits
Nursing Education Capacity Must Be Expanded Strategically

- Expanding the number of nursing programs, or the number of seats in existing programs, cannot be accomplished without attention to the issue of:

1. sufficient faculty

2. clinical capacity
Leadership Recruitment

- **Associate Dean Academic Affairs & Interprofessional Education (IPE)**
  Hired 07/2010 - *filled a 5 year vacancy*

- **Associate Dean Student Affairs & Community Engagement**
  Hired 12/2010 - *fill a critical need*

- **Associate Dean Research and Innovation**
  3 candidates - *fill a planned retirement*
Strategic Plan

- **Increase number of Endowed Chairs and Professorships**
  Currently USF Nursing has 3 - the capital campaign has 10 additional $3 million chairs open

- **Increase funding for Centers of Research Excellence**
  The capital campaign has $10 million earmarked for these centers of excellence to recruit and retain nationally recognized faculty researchers

- **Start-up research packages for Assistant/Associate Professors**
  USF Nursing has hired or is in the process of hiring tenure track faculty to replace visiting and adjunct faculty positions

- **Meet Capital Campaign goals!**
  USF Nursing has set a $50 million capital campaign goal
Growing Pains
What Could We Accomplish?

“If we did all the things we are capable of doing, we would literally astonish ourselves.”

Thomas Edison
USF, College of Nursing Develops Program That Cuts Suicide Rates in Veterans

Revolutionary Therapy Reduces PTSD in Just 2 Sessions!

The USF CON and CPH have teamed up to test a novel approach to help vets who struggling with the aftermath of deployment. Many miss the excitement of being on the battlefield and engage in reckless driving as means by which to experience the emotional excitement they crave. It’s a serious public health problem because veterans are killing themselves at a rate that is more than 100 percent greater than their civilian counterparts. Each week, a group of veterans meets at the Saddlebrook Executive Challenge Course where they race up rock walls, jump off telephone poles, and fly down zip lines. Their heart-rate data and personal reports document that this is a highly effective, yet comparatively safe way of getting their adrenaline fix. Other tests are being conducted to determine if their penchant for engaging in risky pursuits declines. If the 10 week program proves successful, the plan is to work with the local courts and offer this adventure based program as an intervention for vets with excessive speeding or reckless driving charges.
Adolescent Girls Also Reduce Substance Use And Other Risk Behaviors

Imagine a group of girls ages 15-19 meeting weekly and having fun, sharing stories, laughing AND…changing behavior that puts them at risk for pregnancy, HIV and sexually transmitted infections as well as drug and alcohol use! That’s what happens to girls during the Health Improvement Project for Teens (HIP Teens) a unique program developed by USF Nurse Researcher Dr Dianne Morrison-Beedy. She recalls “As a nurse practitioner I saw so many teen girls who had to face the physical and mental impact of becoming pregnant or being diagnosed with infections acquired from unprotected sex”. HIP Teens is a program designed with and for adolescent girls to motivate them to change their behaviors and provide them with the information and skills they need to be healthy and stay safe. The NIH and the National Institute of Nursing Research supported the development of this program, and through decades of rigorous scientific testing we have made this program what it is today – one that can be used within our community and schools to decrease risky behaviors in girls. This program takes place within a comfortable “all girl” format that encourages teens to support each other and to identify how behavior choices they make today can impact their futures. As one HIP Teen participant said “When it came to what behaviors I would do, I used to just look down in front of my
USF College of Nursing Researchers Initiate a Mindfulness Based Stress Reduction Program for Symptom Management and Immune Recovery

Women with breast cancer are among the largest group of female cancer survivors, and are at high-risk for many residual psychological symptoms of stress, anxiety, depression, fear of recurrence, and physical symptoms, fatigue, pain and insomnia. Nurse Researchers have found that MBSR, an alternative therapy and non-pharmacological approach, assists breast cancer survivors with symptom management and immune recovery. Women can
USF, College of Nursing Intervention Helps Care Givers Manage Symptoms of Loved Ones Nearing End of Life

Better Management of Patients Symptoms

As we near the end of life, many of us will need family caregivers who will help us with our daily care and even help us to manage our symptoms. Dr. Susan McMillan leads teams of researchers who have demonstrated a method of supporting caregivers of hospice patients. The intervention is called COPE and is designed to help caregivers better manage the many symptoms experienced by hospice patients nearing the end of life. Study results have shown, not only that caregivers feel less distress and burden from their care giving experience, but that this change has an impact on patients as well, who experience less symptom distress. Dr. McMillan says, “in my nursing career, I have wanted to improve care for cancer patients in
USF, College of Nursing Research Team
Discovers Key Treatable Factor Involved in
Autoimmune Disease

There is no more precious and special time in life for a woman than when she gives births and brings home her new baby. Imagine if that mother comes home full of hope and excitement, but within days or weeks is barely able to lift her head because she is so tired. She becomes depressed and isolated. She gains weight. She has trouble feeding her baby because she is so exhausted. Her energy is at its lowest ebb. She may be suffering from a little known postpartum problem, thyroiditis. This is an autoimmune inflammation of the thyroid gland, which is master gland for metabolism. More that 5% of postpartum mothers develop this condition and most go undiagnosed. Our research group is following women from pregnancy through the first year postpartum with monthly home visits. Here we determine if mothers have symptoms of thyroid disease, and bring a blood sample back to the lab for testing. When we discover that a new mother has symptoms of postpartum thyroiditis we refer her to her medical care provider. Treatment is available for this condition and mothers can be restored to their natural level of energy. But first they must be diagnosed.

One of the mothers in our study called me recently to thank our team for doing this research. We had discovered during her pregnancy that she had an antibody that placed her at risk for postpartum thyroiditis, and so we enrolled her.
Strategic Plan
Minding Our “P’s & Q”

• Purpose
• People
• Partnership
• Passion
• Quality
Purpose

• NIH Ranking: 5 in 5

• Top CON in Florida

• AAU Status

• Innovative Programs
People

• Leadership Team
• Faculty
• Staff
• Alumni
• Friends
Partnerships

- USF Health Interprofessional Education (IPE)
- Center for Inter-Professional Education and Simulation (CIPES)
- Clinical Collaborative (389 Affiliates)
- VA Nursing Academy (VANA)
- Sarasota Campus HRSA Initiative
“The future is not a result of choices among alternative paths offered by the present, but a place that is created -- created first in the mind and will, created next in activity.

The future is not some place we are going to, but one we are creating.”

Author Unknown
Right Here, Right Now: CON Unstoppable Campaign

A look into our Purpose, People, Partnerships and Passion

USF: UNSTOPPABLE